

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Alpine House  
2104 Alpine RD  
Longview, TX 75601  
903-234-8600 ALF #142784  
facebook.com/alpine.house.  
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www.alpinehousetx.com

Scheduled van transportation appointments for Tuesday and Thursdays, see Quay

Beauty shop on Wednesday  
See Joyce for appointments



1  
9- Walk with Friends  
10- Bingo  
11- Out to Lunch  
2- Crafts Beading

2  
9- Walk with Friends  
10- Sit and Get Fit  
11- Bingo  
2- Table Tennis

3  
9- Walk with Friends  
10- Bing with Andy  
1- Dominoes  
4- Cards



4  
8:30- Walk with Friends  
9- Church  
3- Bingo  
6- Checkers  
7:30 Sunday Night Football  
Happy Birthday Mr. Kent

5  
9- Walk with Friends  
10- Store Run  
11- Sit and Get Fit  
2- Chicken Foot  
Labor Day



6  
8:30- Walk with Friends  
9- Talk Time with Tim  
10- Jenga  
2- Bingo



7  
7- Beauty Shop  
9- Walk with Friends  
10- Bowling  
2- Scrap Booking



8  
9- Walk with Friends  
10- Chicken Foot  
11- Table Tennis  
2- Crafts Mosaics



9  
9- Walk with Friends  
10- Keith O'Ison  
11- Bingo  
2- Happy Hour W/ Marshall  
Homecare & Hospice  
National Stand up to Cancer Day



10  
9- Walk with Friends  
10- Bing with Andy  
1- Dominoes  
4- Cards  
Happy Birthday Mrs. Leah



11  
8:30- Walk with Friends  
9- Church  
3- Bingo  
6- Checkers  
7:30- Sunday Night Football

12  
9- Walk with Friends  
10- Chicken Foot  
1- Manicures  
3- Bingo & Milk Shakes  
National Chocolate Milk Shake Day  
National Programmers Day

13  
8:30- Walk with Friends  
9- Talk Time with Tim  
10- Chair Volleyball  
2- Bingo with THH



14  
7- Beauty Shop  
9- Walk with Friends  
10- Toss and Talk  
2- Scrap Booking  
National Cream Filled Donuts



15  
9- Walk with Friends  
10- Chicken Foot  
2- Bowling  
5- Family Night

16  
9- Walk with Friends  
10- Store Run  
11- Sit and Get Fit  
2- Bingo  
National Working Parents Day



17  
9- Walk with Friends  
10- Bing with Andy  
1- Dominoes  
4- Cards



18  
8:30- Walk with Friends  
9- Church  
3- Bingo  
6- Checkers  
7:30- Sunday Night Football

19  
9- Walk with Friends  
10- Bingo  
11- Sit and get Fit  
2- Chicken Foot



20  
8:30- Walk with Friends  
9- Talk time with Tim  
10- Bowling  
2- Bingo W/ Punch  
National Punch Day



21  
7- Beauty Shop  
9- Walk with Friends  
10- Bingo  
2- Scrap Booking



22  
8:30- Walk with Friends  
9- Health Checks W/  
11- Sit & Get Fit  
3- Birthday Party W/ THH  
First Day Of Autumn



23  
9- Walk with Friends  
10- First Responders  
Appreciation Brunch  
2- Happy Hour

24  
9- Walk with Friends  
10- Bing with Andy  
1- Dominoes  
4- Cards  
National Hunting and Fishing Day

25  
8:30- Walk with Friends  
9- Church  
3- Bingo  
6- Checkers  
7:30- Sunday Night Football

26  
9- Walk with Friends  
10- Chicken Foot  
1- Manicures  
3- Bingo



27  
8:30-Walk with Friends  
9- Talk Time with Tim  
12:30- Referral Luncheon  
2- Bingo  
Happy Birthday Mrs. Molly  
National Veterans Registration



28  
7- Beauty Shop  
9- Bible Study with Ralph  
10-Bobby Primm  
1- Employee Meeting  
National Women's Health  
Fitness Day



29  
9- Walk with Friends  
10- Coffee Talk  
11- Resident Council  
2- Bingo  
National Coffee Day



30  
9- Walk with Friends  
10- Bubble Blowing Contest  
11- Bingo  
2- Bingo Store  
National Chewing Gum Day

